

THE THIRD SUNDAY IN LENT

10:00 am Holy Eucharist

March 23, 2025



Please silence your cell phones.

Childcare is available on the lower level
of the Parish Hall.

Restrooms are available at the front of the cathedral,
on either side, or in the Parish Hall.

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TRINITY
EPISCOPAL
CATHEDRAL

LAND ACKNOWLEDGEMENT

Trinity Episcopal Cathedral recognizes and honors those who stewarded this land for many generations before us: the Multnomah and Clackamas bands of the Chinook peoples. The Chinook Nation continues to thrive today, and Trinity supports their struggle to achieve federal recognition.



Learn more at www.chinooknation.org.

VOLUNTARY

Chorale-Prelude on "Houston"

Rebecca Groom te Velde

Prelude on I Want to Walk as a Child of the Light

John A. Behnke

Please stand as you are able at the ringing of the bell.

Sung three times.

Cantor alone sings first time; all repeat.

TRISAGION



Ho - ly God, Ho - ly and Might-y, Ho - ly Immortal One, Have mer - cy up-on us.

A PENITENTIAL ORDER

Officiant

Bless the Lord who forgives all our sins.

People

God's mercy endures forever.

Officiant

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God who is faithful and just will forgive our sins and cleanse us from all unrighteousness. Let us confess our sins against God and our neighbor.

Silence is kept. Please stand or kneel as you are able.

Officiant

Most merciful God,

People

We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Officiant

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life.

People

Amen.

Please stand as you are able.

HYMN IN PROCESSION 490

I want to walk as a child of the light

Tune: Houston

1. I want to walk as a child of the light. I want to
2. I want to see the bright-ness of God. I want to
3. I'm look-ing for the com-ing of Christ. I want to

fol-low Je-sus. God set the stars to give light to the
look at Je-sus. Clear sun of right-eous-ness, shine on my
be with Je-sus. When we have run with pa-tience the

world. The star of my life is Je-sus.
path, and show me the way to the Fa-ther.
race, we shall know the joy of Je-sus.

Refrain

In him there is no dark-ness at all. The night and the
day are both a-like. The Lamb is the light of the
ci-ty of God. Shine in my heart, Lord Je-sus.



LITURGY OF THE WORD

COLLECT

Officiant

God be with you.

People

And also with you.

Officiant

Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People

Amen.



Please be seated.

FIRST READING

Exodus 3:1-15

Lector

A reading from the Book of Exodus.

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver

them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I am who I am." He said further, "Thus you shall say to the Israelites, 'I am has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations."

Lector

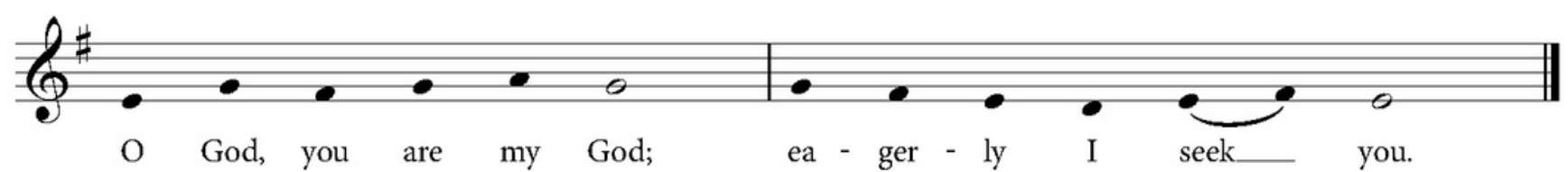
Hear what the Spirit is saying to God's people.

People

Thanks be to God.

PSALM 63:1-8

Tone II.1



O God, you are my God; eagerly I seek you; *
my soul thirsts for you, my flesh faints for
you, as in a barren and dry land where there is
no water.

Therefore I have gazed upon you in your holy
place, *

that I might behold your power and your
glory.

Refrain

For your loving-kindness is better than life itself;
*

my lips shall give you praise.

So will I bless you as long as I live *

and lift up my hands in your Name.

Refrain

My soul is content, as with marrow and fatness, *
and my mouth praises you with joyful lips,

When I remember you upon my bed, *
and meditate on you in the night watches.

Refrain

For you have been my helper, *
and under the shadow of your wings I will
rejoice.

My soul clings to you; *
your right hand holds me fast.

Refrain

SECOND READING

1 Corinthians 10:1-13

Lector

A reading from Paul's first letter to the
Corinthians.

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become

idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Lector

Hear what the Spirit is saying to God's people.

People

Thanks be to God.

Please stand as you are able.

SEQUENCE HYMN 648

When Israel was in Egypt's land

Tune: Go Down, Moses



1 When Is - rael was in E-gypt's land, let my peo - ple go;
2 The Lord told Mo - ses what to do, let my peo - ple go;
3 They jour - neyed on at his com - mand, let my peo - ple go;
4 Oh, let us all from bond-age flee, let my peo - ple go;



op - pressed so hard they_ could not stand, let my peo - ple go.
to lead the chil - dren of Is - rael through, let my peo - ple go.
and came at length to_ Ca-naan's land, let my peo - ple go.
and let us all in_ Christ be free, let my peo - ple go



Go down, Mo - ses, way down in E - gypt's land;



tell old Pha - raoh to let my peo - ple go.

HOLY GOSPEL

Luke 13:1-9

Gospeller

The Holy Gospel of our Lord Jesus Christ,
according to Luke.

People

Glory to you, Lord Christ.

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those

eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did." Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

Gospeller

The Gospel of the Lord.

People

Praise to you, Lord Christ.

Please be seated.

SERMON

Canon Liz Harlan-Ferlo

A brief silence follows the sermon.

Please stand as you are able.

NICENE CREED

People

We believe in one God, the Father, the Almighty,

maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father,

God from God, Light from Light, true God from true God,

begotten, not made, of one Being with the Father.

Through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his

kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Please remain standing or kneel as you are able.

PRAYERS OF THE PEOPLE

Intercessor

Gracious and loving God, in your presence we lift up our prayers. We bring before you the leaders and people of your Church throughout the world, especially; Sean, our Presiding Bishop; Diana, our Bishop; those in the ordination process; and of this Cathedral. We pray especially those who are preparing for Baptism, Confirmation, or Reception: Ani, Beau, Belinda, Brenda, Donna, Hudson, Icarus, Jeremy, John, Liz, Monte, Patrick, Peggy, Romalia, Sandy, Sara,

Sean, Todd, Eloise, Grant, Danny, Kenny, Linda, Beatrice, Ellison, Vik, and Layla. We pray for the gift of inquiring and discerning hearts for all your people.

Lord have mercy,

People

Christ have mercy.

Intercessor

We bring before you the leaders of the nations, including our President, Congress, and Supreme Court, and all who take counsel for justice and peace; praying that they may seek to realize your Beloved Community.

Lord have mercy,

People

Christ have mercy.

Intercessor

We bring before you this fragile earth our island home, praying for your protective and sustaining Spirit.

Lord have mercy,

People

Christ have mercy.

Intercessor

We bring before you the frail and the dying; those who suffer from illness or injury, and all those whose lives are disrupted by greed, hatred, or ignorance; violence, injustice, or poverty; and all those whose needs weigh heavily on our hearts today, and those whom we now name either silently or aloud.

Lord have mercy,

People

Christ have mercy.

Intercessor

We bring before you all who have died, and those whom we now name either silently or aloud. We ask peace, comfort, and consolation for all who mourn.

Lord have mercy,

People

Christ have mercy.

Intercessor

We bring before you our gratitude; especially for opportunities to learn and to serve; for spiritual practices and teachers who guide our way and for each new glimpse of the truth you would have us see. We give thanks, and for those blessings which we now name either silently or aloud.

Lord have mercy,

People

Christ have mercy.

Officiant

Holy One, hear, we pray, the petitions of all your people, including those coming to us now over our livestream connection. In your mercy accept the prayers of all your people. With your loving hand, guide us to become your people of compassion and peace, through Jesus Christ our Savior.

People

Amen.

Please stand as you are able.

PEACE

Officiant

The peace of Christ be always with you.

All

And also with you.

You are invited to greet one another in peace.

Please be seated.

WELCOME

Click to view upcoming events at Trinity!

LITURGY OF THE TABLE

OFFERTORY

At the Offertory, we return thanks for God's blessings in our lives.

We invite you to give generously by visiting trinity-episcopal.org/give, or by texting 73256 and entering trinitycathpdx and the amount you wish to give.

If you'd like to give on Venmo, our username is @trinitycathpdx

OFFERTORY ANTHEM

Sicut cervus

Giovanni Perluigi da Palestrina

*Sicut cérvus desíderat ad fóntes aquárum:
íta desíderat ánima méa ad te, Déus.*

As the deer longs for the water-brooks, *
so longs my soul for you, O God.

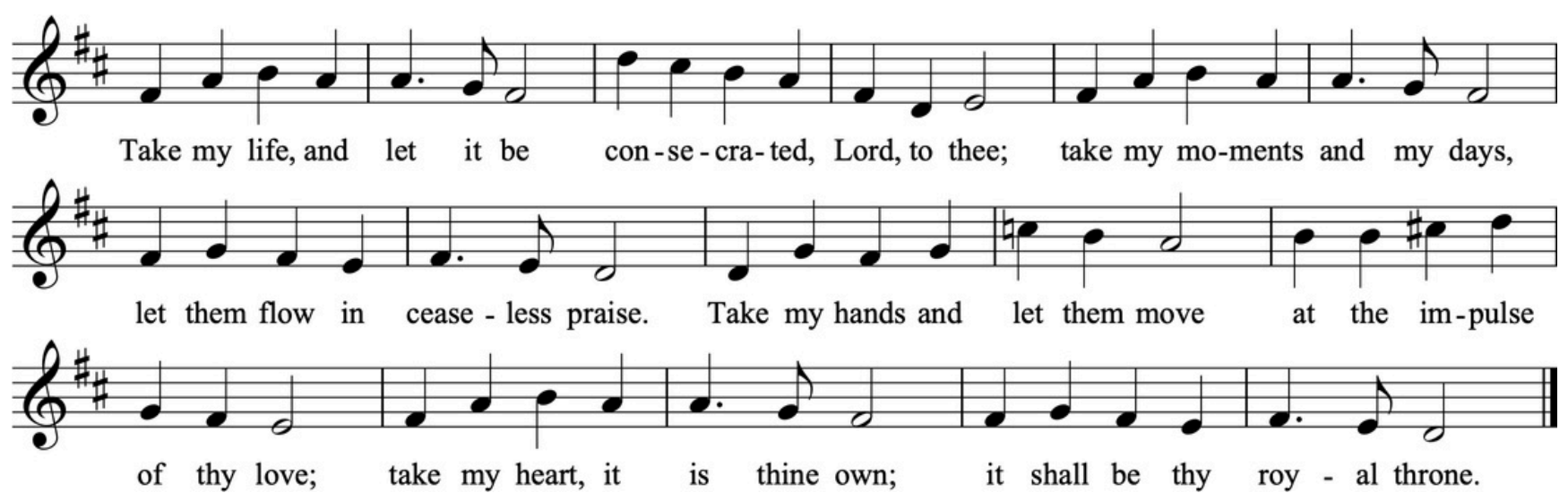
-Psalm 42:1

Please stand as you are able.

PRESENTATION HYMN 707

Take my life, and let it be (stanza 1 only)

Tune: Hollingside



Take my life, and let it be con-se-cra-ted, Lord, to thee; take my mo-ments and my days,
let them flow in cease-less praise. Take my hands and let them move at the im-pulse
of thy love; take my heart, it is thine own; it shall be thy roy-al throne.



SANCTUS AND BENEDICTUS

from the Russian Orthodox liturgy



Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might, —
heav'n and earth are full of your glo - ry. Ho-san-na in the high - est.
Bless - ed is he — who comes in the name of the Lord. —
Ho-san - na in the high - est, ho-san-na in the high - est.

Please remain standing or kneel as you are able.

Officiant

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a

perfect sacrifice for the whole world. On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore we proclaim the mystery of faith:

People

Christ has died.

Christ is risen.

Christ will come again.

Officiant

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive

this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

People

AMEN.



THE LORD'S PRAYER

Cantor

And now, as our Savior Christ has taught us, we are bold to say,

Our Fa - ther in heaven, hal-owed be your Name, your king - dom come,

your will be done, on earth as in heaven. Give us to - day our dai - ly bread.

For-give us our sins as we for-give those who sin a - gainst us.

Save us from the time of trial, and de - liv - er us from e - vil.

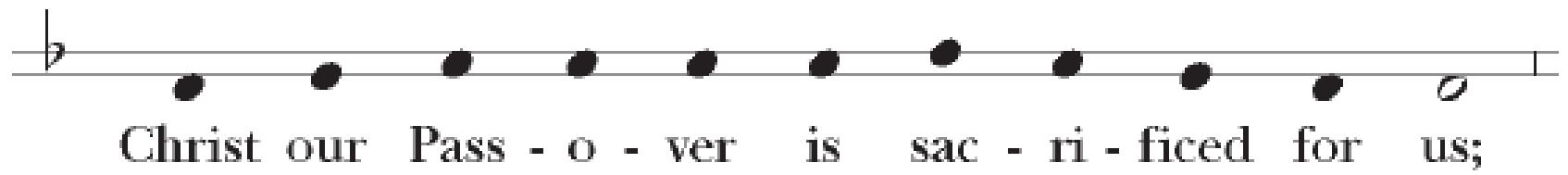
For the king - dom, the power, and the glo - ry are yours, now and for - ev - er. A-men.



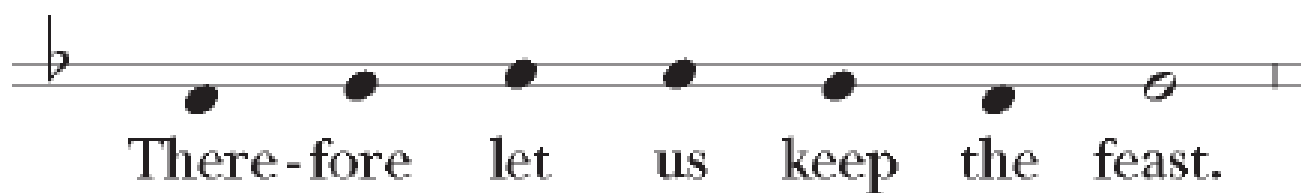
THE BREAKING OF THE BREAD

Ambrosian Chant

Cantor



People



Officiant

The gifts of God for the people of God.

Please be seated.

COMMUNION

All who hunger for God are welcome to receive communion, no exceptions.

A host will invite your row to come down the aisle. You may receive standing or kneeling at the rails.

A consecrated wafer will be placed in your palm. Consume the bread and, if you wish, receive the chalice (please grasp the chalice to guide it). You may also leave the bread in your palm for the chalice-bearer to dip in the wine and place on your tongue.

Gluten-free wafers are available; please indicate to the priest if you require this alternative.

If you prefer to receive a blessing instead of bread, please cross your hands over your chest and the officiant will offer a blessing.

After receiving communion if you would like a place of silent prayer you may use the Chapel to the right of the Cathedral.

AGNUS DEI

from the Russian Orthodox liturgy

Musical score for Agnus Dei, featuring a vocal line and a piano accompaniment. The score is in 4/4 time and consists of two systems. The first system contains the lyrics: "Lamb of God, you take a - way the sins of the". The second system contains the lyrics: "world: have mer - cy on us world: grant us peace." The score includes a first ending (1.2.) and a final ending (Final).

COMMUNION MOTET

Early will I seek thee

Thomas Weelkes

Early will I seek thee, for my soul, Lord, thirsteth for thee. I will bless thee while I live, and lift up my hands in thy Name. Early will I seek thee, O God. O God, thou art my God.

-Psalm 63:1, 4



COMMUNION HYMN 575

Before thy throne, O God, we kneel

Tune: Vater unser

1 Be - fore thy throne, O God, we kneel: give us a con-science quick to feel,
2 Search out our hearts and make us true; help us to give to all their due.
3 For sins of heed-less word and deed for pride am - bi - tious to suc-ceed,
4 Let the fierce fires which burn and try, our in - most spi - rits pu - ri - fy:

a rea - dy mind to un - der - stand the mean - ing of thy chas - tening hand;
From love of plea - sure, lust of gold, from sins which make the heart grow cold,
for craft - y trade and sub - tle snare to catch the sim - ple un - a - ware,
con - sume the ill; purge out the shame; O God, be with us in the flame;

what - e'er the pain and shame may be, bring us, O Fa - ther, near - er thee.
wean us and train us with thy rod; teach us to know our faults, O God.
for lives be - reft of pur - pose high, for - give, for - give, O Lord, we cry.
a new - born peo - ple may we rise, more pure, more true, more no - bly wise.

COMMUNION HYMN 685

Rock of ages, cleft for

Toplady

1 Rock of a - ges, cleft for me, let me hide my - self in thee;
2 Should my tears for ev - er flow, should my zeal no lan - guor know,
3 While I draw this fleet - ing breath, when mine eye - lids close in death,

let the wa - ter and the blood from thy wound - ed side that flowed,
all for sin could not a - tone: thou must save, and thou a - lone;
when I rise to worlds un - known and be - hold thee on thy throne,

be of sin the dou - ble cure, cleanse me from its guilt and power.
in my hand no price I bring, sim - ply to thy cross I cling.
Rock of a - ges, cleft for me, let me hide my - self in thee.

Please stand as you are able.

POST COMMUNION PRAYER

Officiant

Let us pray.

People

**Eternal God, heavenly Father,
you have graciously accepted us as
living member of your Son our Savior
Jesus Christ, and you have fed us with
spiritual food in the Sacrament of
his Body and Blood.**

**Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

BLESSING

HYMN IN PROCESSION 392

Come, we that love the Lord

Tune: Vineyard Haven



1 Come, we that love the Lord, and let our joys be known;
2 Let those re - fuse to sing that ne - ver knew our God;
3 The heirs of grace have found glo - ry be - gun be - low;
4 Then let our song a - bound and let our tears be dry;



join in a song with sweet ac - cord and thus sur - round the throne.
but chil - dren of the heaven - ly King must speak their joys a - broad.
ce - les - tial fruits on earth - ly ground from faith and hope may grow.
we're march - ing through Em - man - uel's ground to fair - er worlds on high.



Refrain
Ho - san - na, ho - san - na! Re - joice, give thanks and sing.

DISMISSAL

Officiant

Go forth in peace to love and serve the Lord.

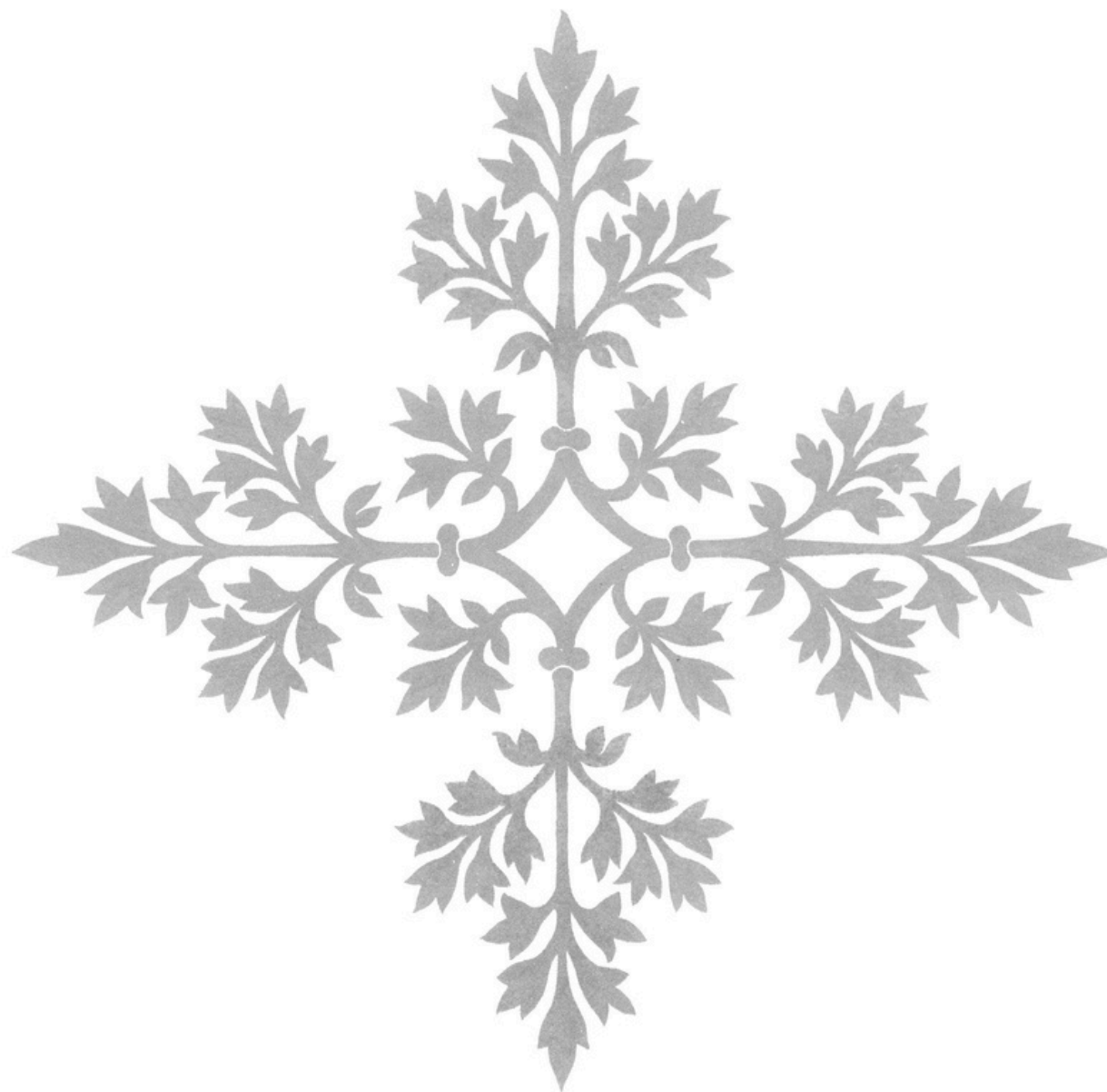
People

Thanks be to God.

VOLUNTARY

Prelude in C Minor, BWV 546

Johann Sebastian Bach



SERVICE PARTICIPANTS

Officiant

The Rev'd Vijendran Sathyaraj

Preacher

Canon Liz Harlan-Ferlo

Assisting

The Rev'd Gail Gateley

Canon for Cathedral Music

Katie Webb

Organ Scholar

Sienna Stribling

Cathedral Choir

Hosts

Susan Lindauer, Claudia LeRud, John Crawford, Janet Kreft,
Chris Maloney, Harris Matarazzo

Vergers

Katherine Ellegood, Cathy Sutton, Malcolm Andrew

Acolytes

Eloise Connelly, Kiersten Greenwood

Lectors

Cookie Neighbor, Melissa Monner, Allan Oliver

Eucharistic Ministers

John Barnes, Gwen Casey-Ford, Jim Chasse, Pam Erickson

Godly Play Mentors

Charissa Simmons, Heidi Kaplan, Betsy Hammond,
Rachel Ferdaszewski, Alex Kaplan

Bell Ringer

Marla Hanley

Altar Guild

Lee Thomas, Malcolm Andrew



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Chris Maloney, Junior Warden

Bill Bennetts, Treasurer

Toni DeVito, Dave Ferguson, Vernon Jackson, Lauren Loos, Denise Myrick,
Jim Petersen, Catherine Sutton, Heather Swearingen, Amy Wilde-Taylor, Pat Zimmer

email: vestry@trinity-episcopal.org

MUSIC NOTES

Today, we hear two examples of Renaissance counterpoint from two different geographical areas: Giovanni Perluigi da Palestrina (1524-1594), writing in what we know as Italy today, and Thomas Weelkes (1576-1623), the British composer known especially for his madrigals.

Palestrina's motet "Sicut cervus," chosen to reflect the themes of yearning in today's Psalm, is one of, if not the most iconic high Renaissance motets. Palestrina imbues a deep feel for the words' meaning as the voices begin quietly in imitation for the words "Sicut cervus" ("As the deer"). At the word "desiderat" (longs), rhythm quickens and the line rises to its peak at the word: "fontes" (streams); as the words seek their object, so the melodic lines seek their goal. As the text's thought turns toward the self with the words "ita desiderat anima mea ad te, Deus" ("so longs my soul for you, God"), shorter motives in closer imitation and intensifying dissonance patterns express the human soul's fervent desiring and end the motet.

Thomas Weelkes, Organist-Choirmaster of Chichester Cathedral and one of the greatest of the English madrigalists, responded to the inherent plaintiveness of the words of Psalm 63

with a quiet intensity using the full resources of the choir. Reflecting the desire of the Reformers to make the liturgy and its music accessible to all, Weelkes' writing blends together simple, hymn-like texture with slightly more adventurous polyphony (i.e., independent voice writing).

-Katie Webb



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MUSIC

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