

THE SIXTEENTH SUNDAY AFTER PENTECOST

10:00 am Holy Eucharist

September 8, 2024



Please silence your cell phones.

Childcare is available on the lower level
of the Parish Hall.

Restrooms are available at the front of the cathedral,
on either side, or in the Parish Hall.



TRINITY
EPISCOPAL
CATHEDRAL

[Click to view upcoming events at Trinity!](#)

LAND ACKNOWLEDGEMENT

Trinity Episcopal Cathedral recognizes and honors those who stewarded this land for many generations before us: the Multnomah and Clackamas bands of the Chinook peoples. The Chinook Nation continues to thrive today, and Trinity supports their struggle to achieve federal recognition.



Learn more at www.chinooknation.org.

VOLUNTARY

Praeludium ex D-Dur, BuxWV 139

Dietrich Buxtehude

Please stand as you are able at the ringing of the bell.

INTROIT

Katherine Webb

Cantor

God is in his holy temple:

Choir

Let all the earth keep silence before him.

Cantor

The Lord shall watch over your going out and
your coming in:

Choir

From this time forth for evermore.

Cantor

Almighty God, to you all hearts are open, all
desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the
inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your
holy Name; through Christ our Lord.

OPENING ACCLAMATION

Officiant

Blessed be the one, holy, and living God.

People

Glory to God for ever and ever.

HYMN IN PROCESSION 429

I'll praise my maker while I've breath

Tune: Old 113th



1 I'll praise my Ma - ker while I've breath; and when my voice is lost in death, praise
2 How hap - py they whose hopes re - ly on Is - rael's God, who made the sky and
3 The Lord pours eye - sight on the blind; the Lord sup - ports the faint - ing mind and
4 I'll praise him while he lends me breath; and when my voice is lost in death, praise



shall em - ploy my no - bler powers. My days of praise shall ne'er be past while
earth and seas with all their train; whose truth for ev - er stands se - cure, who
sends the la - boring con - science peace. He helps the strang - er in dis - tress, the
shall em - ploy my no - bler powers. My days of praise shall ne'er be past while



life and thought and be - ing last, or im - mor - tal - i - ty en - dures.
saves the op - pressed and feeds the poor. And none shall find his pro - mise vain.
wid - owed and the fa - ther - less, and grants the pris - oner sweet re - lease.
life and thought and be - ing last, or im - mor - tal - i - ty en - dures.

LITURGY OF THE WORD

COLLECT

Officiant

God be with you.

People

And also with you.

Officiant

Let us pray.

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All

Amen.

Please be seated.

FIRST READING

Isaiah 35:4-7a

Lector

A reading from the Prophet Isaiah.

Say to those who are of a fearful heart, 'Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you.' Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water.

Lector

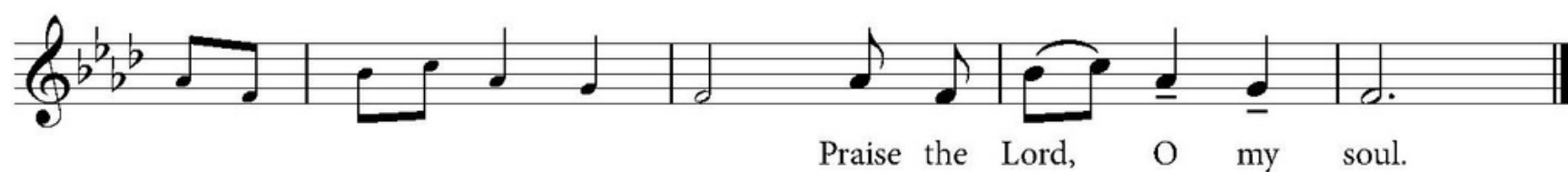
Hear what the Spirit is saying to God's people.

People

Thanks be to God.

PSALM 146: 4-9

Setting: Peter Hallock



Happy are they who have the God of Jacob for their help! *

whose hope is in the Lord their God;

Who made heaven and earth, the seas, and all that is in them; *

who keeps his promise for ever;

Refrain

Who gives justice to those who are oppressed, *
and food to those who hunger.

The Lord sets the prisoners free; the Lord opens the eyes of the blind; *

the Lord lifts up those who are bowed down;

Refrain

The Lord loves the righteous; the Lord cares for the stranger; *

he sustains the orphan and widow,
but frustrates the way of the wicked.

The Lord shall reign for ever, *

your God, O Zion, throughout all generations.

Hallelujah!

Refrain

SECOND READING

James 2:1-10, 14-17

Lector

A reading from the Letter of James.

My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked

over you? You do well if you really fulfill the royal law according to the scripture, “You shall love your neighbor as yourself.” But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it. What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, “Go in peace; keep warm and eat your fill,” and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

Lector

Hear what the Spirit is saying to God's people.

People

Thanks be to God.

Please stand as you are able.

SEQUENCE HYMN 626

Lord, be thy word my rule

Tune: Quam dilecta

1 Lord, be thy word my rule; in it may I re - jice;
 2 thy prom - is - es my hope; thy prov - i - dence my guard;

thy glo - ry be my aim, thy ho - ly will my choice;
 thine arm my strong sup - port; thy - self my great re - ward.

HOLY GOSPEL

Mark 7:24-37

Gospeller

The Holy Gospel of our Lord Jesus Christ,
according to Mark.

People

Glory to you, Lord Christ.

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophoenician origin. She begged him to cast the demon out of her daughter. He said to her, “Let the children be fed first, for it is not fair to take the children’s food and throw it to the dogs.” But she answered him, “Sir, even the dogs under the table eat the children’s crumbs.” Then he said to her, “For saying that, you may go—the demon has left your daughter.” So she went home, found the child lying on the bed, and the demon gone. Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who

had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, “Ephphatha,” that is, “Be opened.” And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, “He has done everything well; he even makes the deaf to hear and the mute to speak.”

Gospeller

The Gospel of the Lord.

People

Praise to you, Lord Christ.



Please be seated.

SERMON

The Very Rev'd Nathan LeRud

A brief silence follows the sermon.

Please stand as you are able.

NICENE CREED

People

We believe in one God, the Father, the Almighty,

maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven,

was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

Please remain standing or kneel as you are able.

PRAYERS OF THE PEOPLE

Intercessor

Holy One, we come to you in love and trust, thanking you for all the blessings of this life. We give thanks for those throughout the world engaged in works of justice, mercy and peace; and for those blessings we now name, either silently or aloud.

Source of life,

People

Hear our prayer.

Intercessor

Gathered as your Body in service to the world, and in communion with all your saints, we pray for your Church, including Justin, Archbishop of Canterbury; Michael, our Presiding Bishop; Diana, our Bishop, and for the people and clergy of this Cathedral congregation.

Source of life,

People

Hear our prayer.

Intercessor

We pray for the leaders of this and every land, especially our President, Supreme Court, and Congress; our Governor, Mayor, and City Council: that they may act with compassion for the poor and the oppressed, promote your justice, and protect our democracy.

Source of life,

People

Hear our prayer.

Intercessor

We lift to your merciful heart all those who suffer from any illness or trauma, especially the frail and the dying; those who are destitute, lonely and marginalized; all victims of violence, greed, and hatred; those whose lives are upended by natural and unnatural disasters; and those who have requested our prayers this week. We also call upon your healing power to bless those we now name, either silently or aloud.

Source of life,

People

Hear our prayer.

Intercessor

We pray for all who have gone before us through the gate of death, especially those whose names have been submitted for our prayers this week. And those we now name, either silently or aloud. Receive them into the arms of your mercy; and to those who mourn, bestow upon them the healing gift of your presence.

Source of life,

People

Hear our prayer.

Officiant

Holy and gracious God, we lift to you the prayers of all your people, including those coming to us now over our livestream connection...With open hearts, we offer our selves to your service. Answer our prayers by your mercy, and by your grace draw us ever nearer to you. All this we pray through our Savior Jesus Christ, who lives and reigns at the heart of all creation,

People

Amen.

CONFESSION AND ABSOLUTION

Officiant

Remembering Christ's promise of reconciliation,
let us confess our sins to God.

All

God of all mercy,

**we confess that we have sinned against you,
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have
created.**

**We repent of the evil that enslaves us, the evil
we have done,**

and the evil done on our behalf.

**Forgive, restore, and strengthen us through
our Savior Jesus Christ,**

**That we may abide in your love and serve only
your will. Amen.**

Officiant

Almighty God have mercy on you, forgive you
all your sins through the grace of Jesus Christ,
strengthen you in all goodness, and by the power
of the Holy Spirit keep you in eternal life.

All

Amen.

Please stand as you are able.

PEACE

Officiant

The peace of Christ be always with you.

All

And also with you.

You are invited to greet one another in peace.

Please be seated.

WELCOME

Click to view upcoming events at Trinity!

LITURGY OF THE TABLE

OFFERTORY

At the Offertory, we return thanks for God's blessings in our lives.

We invite you to give generously by visiting trinity-episcopal.org/give, or by texting 73256 and entering trinitycathpdx and the amount you wish to give.

If you'd like to give on Venmo, our username is @trinitycathpdx

OFFERTORY ANTHEM

I was glad

C.H.H. Parry

I was glad when they said unto me: *

We will go into the house of the Lord.

Our feet shall stand in thy gates: *

O Jerusalem.

Jerusalem is builded as a city: *

that is at unity in itself.

O pray for the peace of Jerusalem: *

they shall prosper that love thee.

Peace be within thy walls:

and plenteousness within thy palaces.

-Psalm 122: 1-3, 6-7

Please stand as you are able.

PRESENTATION HYMN 517

How lovely is thy dwelling place (stanza 1 only)

Tune: Brother James' Air

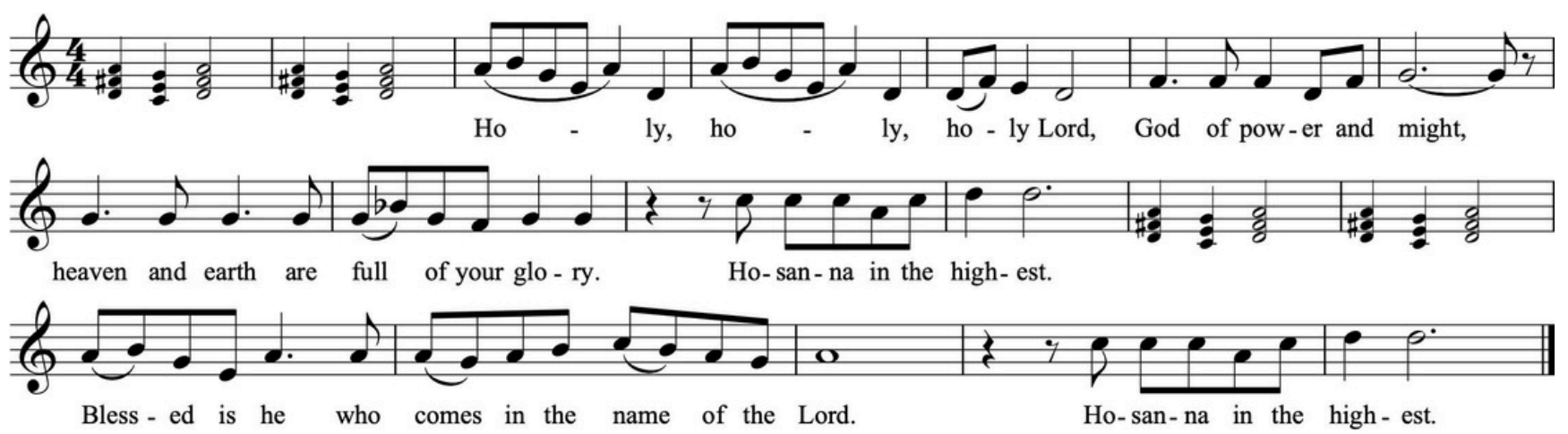
How love-ly is thy dwell - ing - place, O Lord of hosts, to me!

My thirst - y soul de - sires and longs with - in thy courts to be;

my ve - ry heart and flesh cry out, O liv - ing God, for thee.

SANCTUS AND BENEDICTUS

William Mathias



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Please remain standing or kneel as you are able.

Officiant

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son: Jesus, the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you. On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." As supper was ending,

Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: “Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory and praise, for ever and ever.

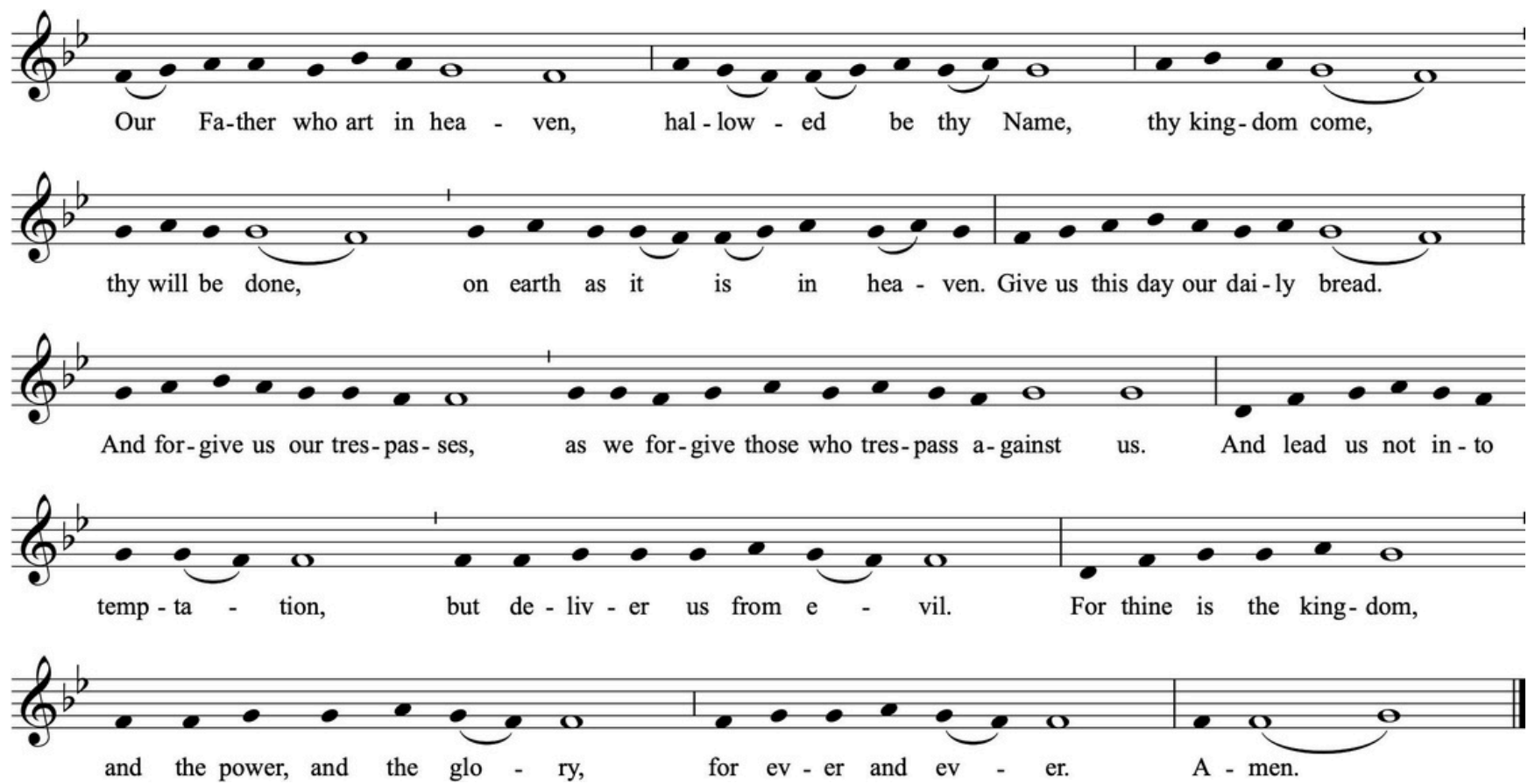
People

AMEN.

THE LORD'S PRAYER

Cantor

And now, as our Savior Christ has taught us, we are bold to say,

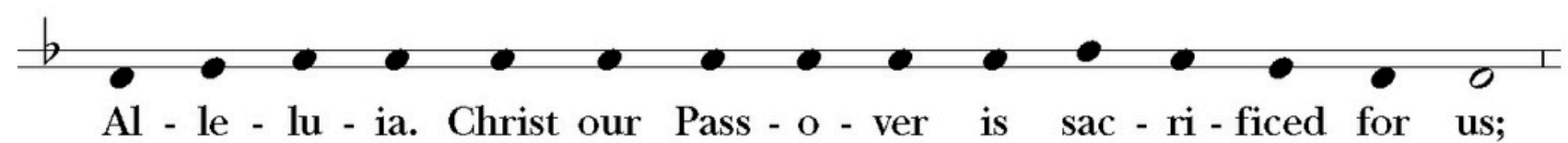


Our Fa-ther who art in hea - ven, hal - low - ed be thy Name, thy king-dom come,
thy will be done, on earth as it is in hea - ven. Give us this day our dai - ly bread.
And for-give us our tres-pas - ses, as we for-give those who tres-pass a - gainst us. And lead us not in - to
temp - ta - tion, but de - liv - er us from e - vil. For thine is the king - dom,
and the power, and the glo - ry, for ev - er and ev - er. A - men.

THE BREAKING OF THE BREAD

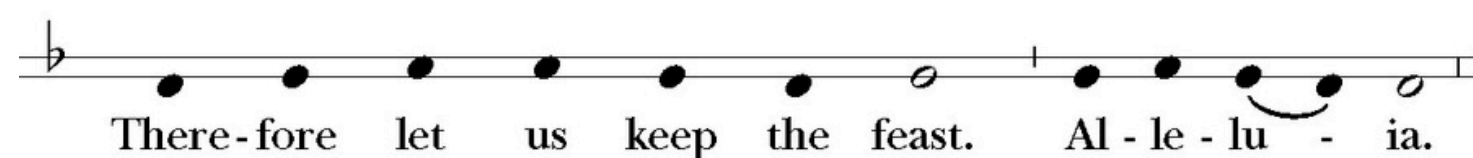
Ambrosian Chant

Cantor



Al - le - lu - ia. Christ our Pass - o - ver is sac - ri - ficed for us;

All



There-fore let us keep the feast. Al - le - lu - ia.

Officiant

The gifts of God for the people of God.

Please be seated.

COMMUNION

All who hunger for God are welcome to receive communion, no exceptions.

A host will invite your row to come down the aisle. You may receive standing or kneeling at the rails.

A consecrated wafer will be placed in your palm. Consume the bread and, if you wish, receive the chalice (please grasp the chalice to guide it). You may also leave the bread in your palm for the chalice-bearer to dip in the wine and place on your tongue.

Gluten-free wafers are available; please indicate to the priest if you require this alternative.

If you prefer to receive a blessing instead of bread, please cross your hands over your chest and the officiant will offer a blessing.

After receiving communion if you would like a place of silent prayer you may use the Chapel to the right of the Cathedral.

AGNUS DEI

William Mathias

Je - sus, Lamb of God: Have mer - cy
on us. Je - sus, bear - er of our sins: Have mer - cy
on us. Je - sus, re - deem - er of the world: Give us your peace.

COMMUNION ANTHEM

Make a joyful noise to the Lord

Colin Mawby

Make a joyful noise unto the Lord, all ye lands!

Serve the Lord, the Lord with gladness!

Come into his presence with singing!

Know that the Lord is God!

It is he that hath made us, and we are his;

We are his people and the sheep of his pasture.

Enter his gates with thanksgiving, and his courts
with praise!

Give thanks to him, bless his name.

-From Psalm 100

COMMUNION HYMN 566

From thee all skill and science flow

Tune: The Church's Desolation



1 From thee all skill and sci-ence flow, all pi-ty, care, and love,
2 And has-ten, Lord, that per-fect day when pain and death shall cease,
all calm and cour-age, faith and hope: O pour them from a bove!
and thy just rule shall fill the earth with health and light and peace;
Im-part them, Lord, to each and all as each and all shall need,
when ev-er-blue the sky shall gleam and ev-er-green the sod,
to rise, like in-cense, each to thee, in no-ble thought and deed.
and our rude work de-face no more the hand-i-work of God.

COMMUNION HYMN 602

Jesu, Jesu, fill us with your love

Tune: Chereponi

Chorus
Je - su, Je - su, fill us with your love, show
Fine
us how to serve the neigh - bors we have from you.
1 Kneels at the feet of his friends, si - lent - ly wash - es their feet,
2 Neigh - bors are rich and poor, neigh - bors are black and white,
3 These are the ones we should serve, these are the ones we should love.
4 Lov - ing puts us on our knees, serv - ing as though we were slaves;
Repeat Chorus
Mas - ter who acts as a slave to them.
neigh - bors are near - by and far a - way.
All are neigh - bors to us and you.
this is the way we should live with you.

Please stand as you are able.

POST COMMUNION PRAYER

Officiant

Let us pray.

People

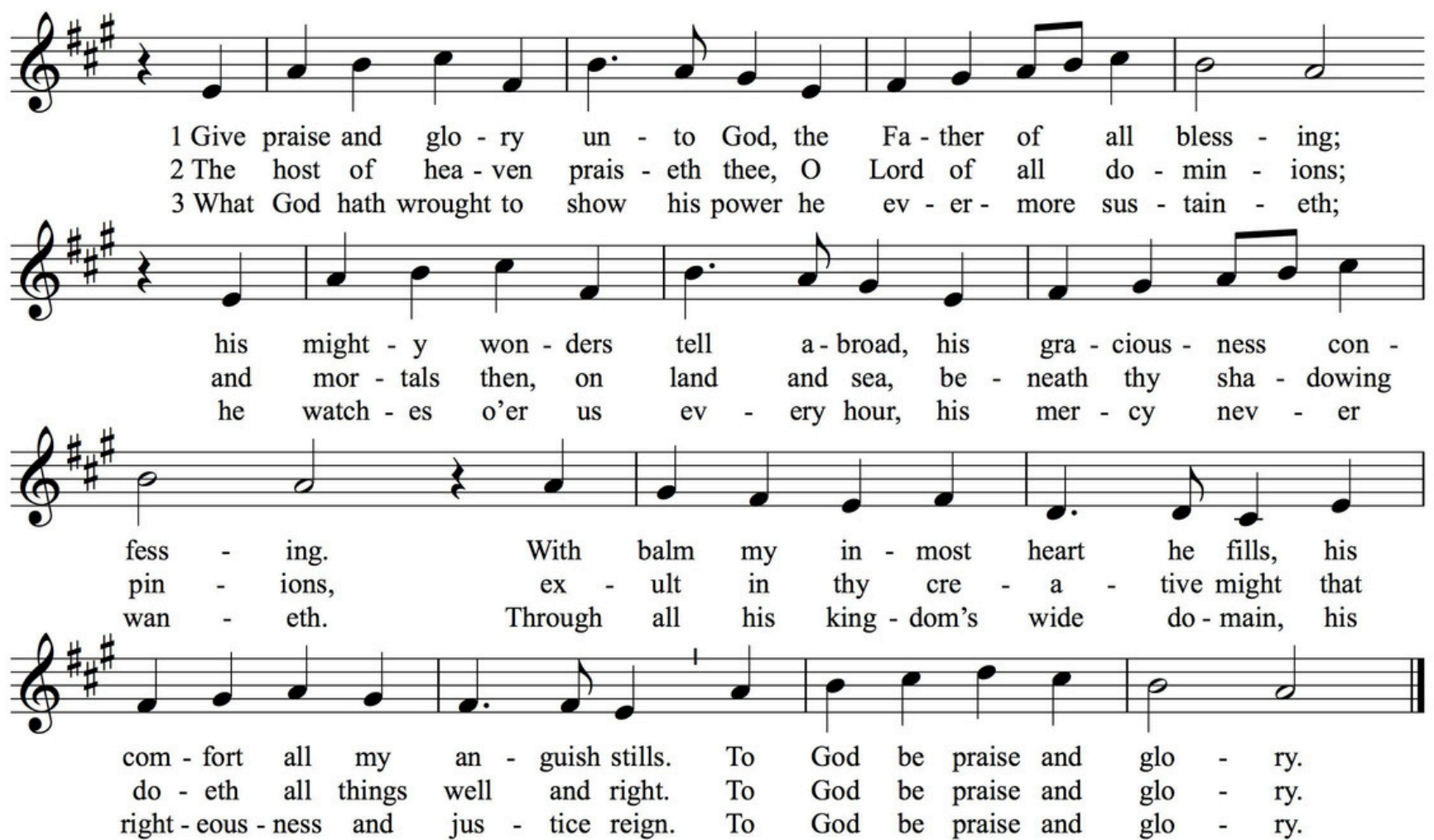
Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

BLESSING

HYMN IN PROCESSION 375

Give praise and glory unto God

Tune: Du Lebensbrot Herr Jesu Christ



1 Give praise and glo - ry un - to God, the Fa - ther of all bless - ing;
2 The host of hea - ven prais - eth thee, O Lord of all do - min - ions;
3 What God hath wrought to show his power he ev - er - more sus - tain - eth;

his might - y won - ders tell a - broad, his gra - cious - ness con -
and mor - tals then, on land and sea, be - neath thy sha - dowing
he watch - es o'er us ev - ery hour, his mer - cy nev - er

fess - ing. With balm my in - most heart he fills, his
pin - ions, ex - ult in thy cre - a - tive might that
wan - eth. Through all his king - dom's wide do - main, his

com - fort all my an - guish stills. To God be praise and glo - ry.
do - eth all things well and right. To God be praise and glo - ry.
right - eous - ness and jus - tice reign. To God be praise and glo - ry.

DISMISSAL

Officiant

Let us go forth into the world, rejoicing in the power of the Spirit!

People

Thanks be to God.

VOLUNTARY

The people respond "Amen!" from Rubrics

Dan Locklair

*Today's altar flowers are given in memory of
Mary Sicilia by her friends and family.*

SERVICE PARTICIPANTS

Officiant

The Rev'd Vijendran Sathyaraj

Preacher

The Very Rev'd Nathan LeRud

Assisting

The Rev'd Dcn. Clare Wykert

Canon for Cathedral Music

Katie Webb

Organ Scholar

Sienna Stribling

Cathedral Choir & Choristers

Hosts

Barbara Schondelmeyer, Ed Carveth, Leslie Carveth, Tanya Gross,
Janet Kreft, Mary Cramer

Vergers

Chris Hardman, Scott Serpas, Helen Sudbury

Acolytes

Clementine Chanti, Eloise Connelly, Kiersten Greenwood

Lectors

Daniel James, Steve Isaacson, Amy Wilde-Taylor

Eucharistic Ministers

Lisa Sarazin, Mark Reber, Sue Reber, Gwen Casey-Ford

Godly Play Mentors

Charissa Simmons, Maryann Yelnosky, Richard Coffey, Leslie Carveth

Altar Guild

Leigh Wilson, Malcolm Andrew

Flower Guild

Becky Jones, Carol Fortino



CATHEDRAL VESTRY

Greg Harris, Senior Warden

Chris Maloney, Junior Warden

Bill Bennetts, Treasurer

Jeff Creswell, Faith Curammeng, Vernon Jackson, Alicia Johnson,
Lauren Loos, Denise Myrick, Catherine Sutton, Heather Swearingen,

Amy Wilde-Taylor, Pat Zimmer

email: vestry@trinity-episcopal.org

MUSIC NOTES

Welcome to Trinity on this Welcome Sunday! We begin our new choir season with particularly beloved anthem from the Anglican choral canon: “I was glad” by the English composer C.H.H. Parry (1848-1918). Parry was a gifted music historian and pedagogue who taught at the University of Oxford and served as the head of the Royal College of Music. He was also a prolific composer of oratorio, chamber and orchestral works. “I was glad,” which was written in 1902 for the coronation of Edward VII in Westminster Abbey. Using words from Psalm 122 that have been associated with the British coronation rite since the 17th century, Parry’s setting is now sung by choirs around the English-speaking world to mark all kinds of festive occasions.

We welcome the return of the Cathedral Choristers this morning, who began their year with a day-long retreat yesterday full of singing and fellowship! This morning, they offer British composer Colin Mawby’s (1936-2019) setting of words from Psalm 100. Mawby served as director of music at Westminster Cathedral in London, among other posts, and was recognized by Pope Benedict XVI for his services to English

Catholic music; in particular, he wrote a wide variety of pieces specifically for young people.

-Katie Webb

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ARTWORK

Cover

Title: The Canaanite Woman asks for healing for her daughter

Notes: Naskh is the caligraphic style for writing in the Arabic alphabet that the biblical text is written in for this manuscript. The artist, Ilyas Basim Khuri Bazzi Rahib, was most likely a Coptic monk in the late 17th century in Egypt.

Artist: Bazzi Rahib, Ilyas Basim Khuri

Date: 1684

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MUSIC

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